THE TWO FORMS OF THE QUESTIONNAIRE BUILT FROM THE MINIMAL DEFINITION

Form M1: Time frame + Site and symptoms + Severity, for face-to-face interviews and paper or online questionnaires:

DELPHI DOLBaPP QUESTIONNAIRE (Form M1)

Q1- In the last 4 weeks, have you had pain in your lower back (in the area shown on the diagram)? Please ignore pain caused by menstruation or by an illness accompanied by fever.

Yes ☐ No ☐

Q2- If yes, was this pain bad enough to limit your usual activities or change your daily routine for more than one day?

Yes ☐ No ☐

The body diagram was first published in Kuorinka I, Jonsson B Kilbom A et al. Standardised Nordic questionnaires for the analysis of musculoskeletal symptoms. Applied Ergonomics 1987, 18(3):233-7, and is used with the publisher’s permission.

OR

Form M2: Time frame + Site and symptoms + Severity, for telephone surveys:

DELPHI DOLBaPP QUESTIONNAIRE (Form M2)

Q1- In the last 4 weeks, have you had pain in your lower back? Please ignore pain caused by menstruation or by an illness accompanied by fever.

Yes ☐ No ☐

Q2- If yes, was this pain bad enough to limit your usual activities or change your daily routine for more than one day?

Yes ☐ No ☐